



Dear _____,

In order for us to submit to insurance for a prior authorization, we will need specific pieces of documentation to attest to the procedure being medically necessary. This documentation **must be** obtained and submitted to our office for review; the surgical evaluation cannot be scheduled until **all** documentation is received and **all** requirements are met.

- Medical records from your family doctor that discusses your treatment. The insurance needs to see that you have tried other conservative methods for **three consecutive months** for relief before you asked for surgery. They are looking for things such as: hot/cold therapy, creams and powders for related rashes, and over-the-counter and/or prescription pain medications. They also want to see that your doctor has ruled out other causes of your pain.
- Any chiropractic, massage therapy, or physical therapy records related to this problem if you have seen either of these for treatment. A letter of medical necessity from the provider is helpful if they have treated you for this issue. Documentation from any other medical provider (ex: dermatology) that has treated you for related issues is helpful and can also be submitted.
- If you are over 40 years old, we will need a copy of your mammogram results from within the past two years.
- If you are a current smoker, the insurance requires you to be enrolled (with proof) in a smoking cessation program before they will approve your authorization. You will be required to quit smoking 4 weeks before and 4 weeks after your surgery; our office performs nicotine tests, and **your surgery will be cancelled if this requirement is not met.**
- A BMI of 35 or less. The evaluation will not be scheduled if the BMI requirement is not met, and surgery will be cancelled if the BMI requirement is not met. Your health and safety is important to us!**

We cannot submit to your insurance until we receive these documents and you are seen, and you cannot be scheduled for surgery until we receive authorization from the insurance. Obtaining the required documents will streamline your authorization process and get you closer to surgery more quickly. If you have any questions or concerns, please feel free to call our office at 814-849-6591; we are happy to help you!

Thank you for choosing LaBrasca Plastic Surgery for your medical and surgical needs.
We appreciate your cooperation, and we look forward to seeing you!